

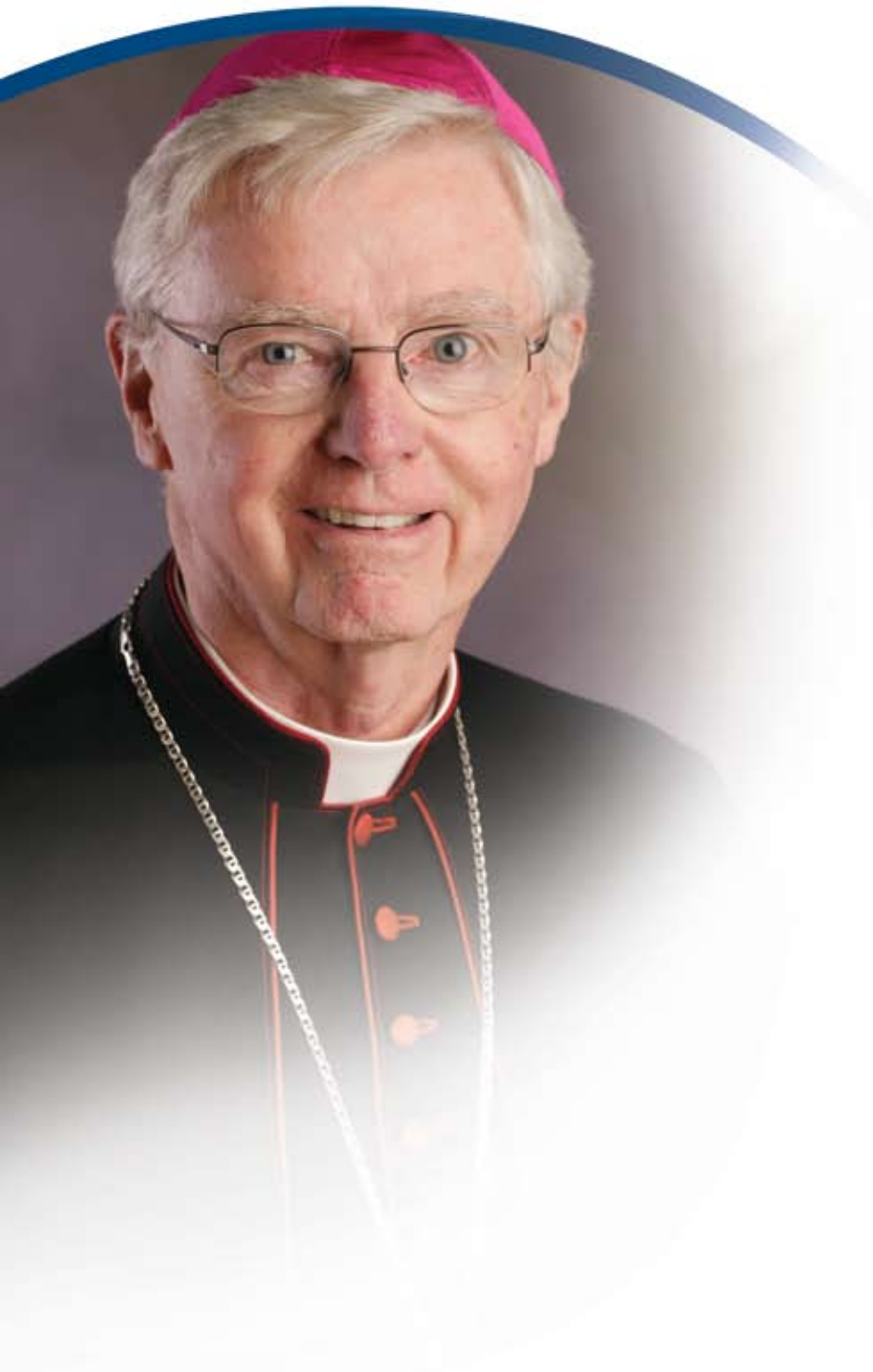
# 2008

## Annual Report



2009 - 2010 Calendar

*Since 1945, services have been provided to individuals  
of all faiths, from all walks of life.*



Friends,

The parables in Matthew's Gospel illustrate Jesus' command to carry out His work by helping the least of our brothers. "I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me."  
(MT 25:35-36)

As the service arm of the Church in our state, Catholic Charities helps thousands of people in our communities. Our staff compassionately serves the poor and vulnerable, and does more than just offer assistance – Catholic Charities works with people, honoring human dignity and building independence.

Jesus tells us that the poor will always be with us, and we are called to serve joyfully those in need. Thank you for enthusiastically answering that call. With your support these programs, such as the New Hampshire Food Bank, St. Charles Children's Home, Adoption services, and Parish Social Ministry perpetuate our Christian mission helping those truly in need.

Yours in Christ,

A handwritten signature in blue ink that reads "+ John B. McManis".

Bishop of Manchester





Friends,

I am pleased to present to you our 2008 Annual Report. Over the past year, Catholic Charities has experienced a 15% increase in the amount of people requesting help from the programs that we offer. In 2008, 78,755 people from all faiths and socio-economic backgrounds in New Hampshire received help from Catholic Charities. Also, 91.6% of every donated dollar went back into service. In light of these two facts, we are now one of the largest, most efficient and effective non-profits in the state.

This past year has presented all of us with challenges, but also with tremendous opportunity. The measure of our effectiveness is based on how well the “least among us” is faring. The chance to serve Christ through the poor and vulnerable around our state is truly a blessing – both for those who come to us for help and for those who give of themselves.

The stories of Catholic Charities go, for the most part, without fanfare. The thousands of individual stories of hope and healing, mercy and help, may never get much public attention. Know that the people who come to Catholic Charities – your friends and neighbors – are experiencing the transformative love of the gospel message in action every day.

In this report, you will find some of our client stories – stories made possible because of your help. Thank you, on behalf of all we serve, for your generosity, your prayers, and for your support. One-by-one, you are helping us to break the cycle of dependency and truly honor the dignity of each individual who comes to our door(s) every day.

Sincerely,

A handwritten signature in blue ink that reads "Thomas Blonski".

Thomas Blonski  
President and CEO

# History and Mission

New Hampshire Catholic Charities is the state's largest private, non-profit, social service agency reaching out to the poor and vulnerable of all faiths and socio-economic backgrounds. Since 1945, our dynamic array of programs and services run by trained professionals and supported by dedicated volunteers has served

our Christian mission to heal, comfort, and empower. We rely on the generosity of individuals and businesses that recognize the great social value in funding our necessary work. With their assistance, New Hampshire Catholic Charities is able to provide help and create hope for those in need.

## Our Mission:

Grounded in the life & ministry of Jesus Christ, New Hampshire Catholic Charities responds to those in need with programs that heal, comfort, and empower.

## Administrative Staff

**Thomas E. Blonski, MBA**, *President & CEO*

**Dominique A. Rust**, *Vice President & COO*

**Joanne Hollen**, *CFO*

**Lisa B. Merrill-Burzak**, *Vice President of Development*

**Michael Lehrman, MHA**, *Vice President of Healthcare Services*

**Melanie A. Gosselin**, *Executive Director of the New Hampshire Food Bank*

**Joseph P. Naff, LICSW**, *Director of Clinical and Family Services*

**Richard J. Shannon, MSW, MA**, *Director of Parish Social Ministry*

**Paul McAvoy, MLS**, *Director of Communications*

**Cathy Chesley, JD, Ed.D**, *Director of Immigration & Refugee Services*

## Board of Trustees

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Normand G. St. Amand, *Bedford*

Msgr. Stephen C. Worsley, *Nashua*

# Financials\*

## REVENUE, GAINS AND OTHER SUPPORT:

	Social Services Division	Healthcare & Senior Living Services	Total Unrestricted
Patient services and rental, net	\$859,744	\$37,253,204	\$38,112,948
Annual appeal	3,194,469		3,194,469
Bequests and donations	3,106,479	96,808	3,203,287
Net asset released from restriction	109,260	18,610	127,870
Management fee income	199,264		199,264
Other	1,176,518	287,806	1,464,324
<b>Total revenue, gains and other support before in-kind donations</b>	<b>8,645,734</b>	<b>37,656,428</b>	<b>46,302,162</b>

In-kind donations	6,527,314	7,545	6,534,859
<b>Total revenue, gains and other support (with in-kind donations)</b>	<b>15,173,048</b>	<b>37,663,973</b>	<b>52,837,021</b>

## EXPENSES:

Healthcare & Senior Living Services			
Rehabilitation and nursing centers		32,758,799	32,758,799
Senior living centers		857,774	857,774
<b>Total</b>		<b>33,616,573</b>	<b>33,616,573</b>

Family & Individual Services:			
Family Services	1,178,423		1,178,423
Consulting Services	116,490		116,490
Immigration	500,343		500,343
Other programs	99,499		99,499
<b>Total</b>	<b>1,894,755</b>		<b>1,894,755</b>

Parish Social Ministry & Outreach:			
Parish Outreach	966,504		966,504
Services to the handicapped	87,650		87,650
<b>Total</b>	<b>1,054,154</b>		<b>1,054,154</b>

Elderly Care:			
<b>Total</b>	<b>1,166,723</b>		<b>1,166,723</b>

Child Care Services:			
Children's Home	1,042,292		1,042,292
Unmarried mothers and adoption	97,076		97,076
Our Place	303,489		303,489
<b>Total</b>	<b>1,442,857</b>		<b>1,442,857</b>

NH Food Bank:			
<b>Total</b>	<b>1,757,937</b>		<b>1,757,937</b>

Fund raising:			
Annual Appeal	663,353		663,353
Other events	38,841		38,841

Support Services:			
General and Administrative	(80,454)	1,224,444	1,143,990
<b>Total</b>	<b>621,740</b>	<b>1,224,444</b>	<b>1,846,184</b>
<b>Total expenses before in-kind expense</b>	<b>7,938,166</b>	<b>34,841,017</b>	<b>42,779,183</b>

In-kind expense	6,677,620	2,605	6,680,225
<b>Total expenses (including in-kind expense)</b>	<b>14,615,786</b>	<b>34,843,622</b>	<b>49,459,408</b>

<b>INVESTMENT INCOME, NET</b>	<b>318,401</b>	<b>533,141</b>	<b>851,542</b>
<b>CHANGE IN NET ASSETS</b>	<b>875,663</b>	<b>3,353,492</b>	<b>4,229,155</b>

NET ASSETS - beginning of year	14,384,813	16,154,841	30,539,654
<b>NET ASSETS - end of year</b>	<b>\$15,260,476</b>	<b>\$19,508,333</b>	<b>\$34,768,809</b>

## UNRESTRICTED Supplementary Combining Information

Social Services Division	Healthcare & Senior Living Services	Total Unrestricted
\$859,744	\$37,253,204	\$38,112,948
3,194,469		3,194,469
3,106,479	96,808	3,203,287
109,260	18,610	127,870
199,264		199,264
1,176,518	287,806	1,464,324
<b>8,645,734</b>	<b>37,656,428</b>	<b>46,302,162</b>

6,527,314	7,545	6,534,859
<b>15,173,048</b>	<b>37,663,973</b>	<b>52,837,021</b>

	32,758,799	32,758,799
	857,774	857,774
	<b>33,616,573</b>	<b>33,616,573</b>

1,178,423		1,178,423
116,490		116,490
500,343		500,343
99,499		99,499
<b>1,894,755</b>		<b>1,894,755</b>

966,504		966,504
87,650		87,650
<b>1,054,154</b>		<b>1,054,154</b>

<b>1,166,723</b>		<b>1,166,723</b>
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1,042,292		1,042,292
97,076		97,076
303,489		303,489
<b>1,442,857</b>		<b>1,442,857</b>

<b>1,757,937</b>		<b>1,757,937</b>
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663,353		663,353
38,841		38,841

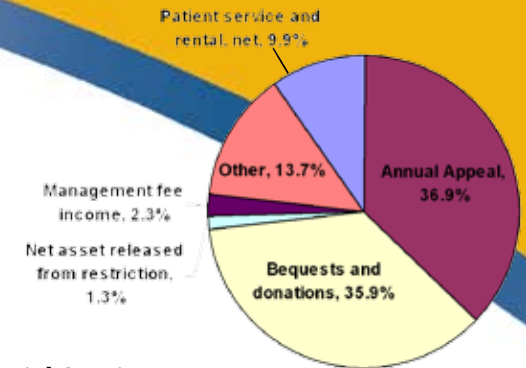
(80,454)	1,224,444	1,143,990
<b>621,740</b>	<b>1,224,444</b>	<b>1,846,184</b>
<b>7,938,166</b>	<b>34,841,017</b>	<b>42,779,183</b>

6,677,620	2,605	6,680,225
<b>14,615,786</b>	<b>34,843,622</b>	<b>49,459,408</b>

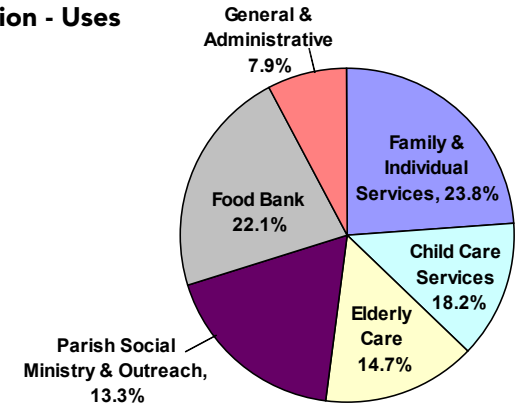
<b>318,401</b>	<b>533,141</b>	<b>851,542</b>
<b>875,663</b>	<b>3,353,492</b>	<b>4,229,155</b>

14,384,813	16,154,841	30,539,654
<b>\$15,260,476</b>	<b>\$19,508,333</b>	<b>\$34,768,809</b>

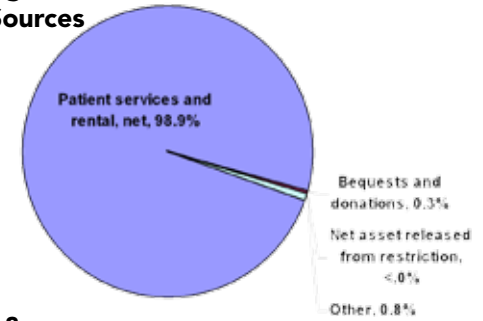
## Social Services Division - Sources



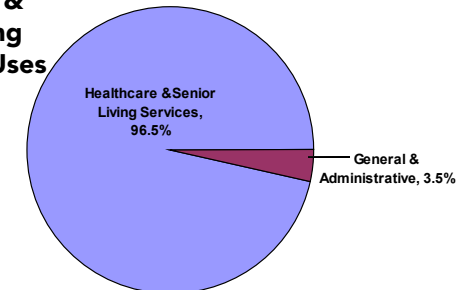
## Social Services Division - Uses



## Healthcare & Senior Living Services - Sources



## Healthcare & Senior Living Services - Uses



# Programs and Services

## **Adoption Services**

215 Myrtle Street  
Manchester, NH 03104  
(603) 669-3030

## **Counseling Services**

Call District Office or  
(603) 669-3030

## **Healthcare Services**

215 Myrtle Street  
Manchester, NH 03104  
(603) 641-0577

## **Immigration and Refugee Services**

(Manchester and  
Nashua District Offices)  
(603) 889-9431

## **New Hampshire Food Bank**

62 West Brook Street  
Manchester, NH 03101  
(603) 669-9725

## **Our Place**

(Manchester and Nashua Locations)  
(603) 647-2244

## **Parish and Community Outreach**

Call District Office or  
(603) 669-3030

## **Services to Persons with Disabilities**

215 Myrtle Street  
Manchester, NH 03104  
(603) 669-3030 / TTY: (603) 668-4572

## **St. Charles Children's Home**

19 Grant Street  
Rochester, NH 03867  
(603) 332-4768

# Rehabilitation and Nursing Centers

## **Good Shepherd Rehabilitation and Nursing Center**

20 Plantation Drive  
Jaffrey, NH 03452  
(603) 532-8762

## **Mt. Carmel Rehabilitation and Nursing Center**

235 Myrtle Street  
Manchester, NH 03104  
(603) 627-3811

## **St. Joseph Residence**

(Sisters of the Presentation of Mary)  
495 Mammoth Road  
Manchester, NH 03104  
(603) 668-6011

## **St. Vincent de Paul Rehabilitation and Nursing Center**

29 Providence Avenue  
Berlin, NH 03570  
(603) 752-1820

## **St. Francis Rehabilitation and Nursing Center**

**Bishop Bradley Senior Living Community**  
406 Court Street  
Laconia, NH 03246  
(603) 524-0466

## **St. Teresa Rehabilitation and Nursing Center**

**Bishop Primeau Senior Living Community**  
519 Bridge Street  
Manchester, NH 03104  
(603) 668-2373

## **St. Ann Rehabilitation and Nursing Center**

**Bishop Gendron Senior Living Community**  
195 Dover Point Road  
Dover, NH 03820  
(603) 742-2612

## **Warde Health Center**

(Sisters of Mercy)  
21 Searles Road  
Windham, NH 03087  
(603) 890-1290





Photograph by Claudia Gray

New Hampshire Catholic Charities is deeply grateful for the wisdom, support and contributions of all of our friends. With your donation and others received from individuals, corporations and foundations, New Hampshire Catholic Charities is able to provide a variety of programs throughout the state.

Thank you for helping us assist almost 80,000 individuals last year. Your donations made thousands of small miracles happen for local families, friends and neighbors.

Our donors provide help in so many ways:

- Financial contributions that support our programs and district offices
- Donations of food to the New Hampshire Food Bank that help us fight hunger
- Donations of services and volunteer work, so that our dollars can stretch even further
- Donations of auction items for events raise vital funding for our Emergency Fund and the New Hampshire Food Bank
- Sponsorships of our special events support programs and strengthen business community ties
- Advocacy spreads the word about the good works of New Hampshire Catholic Charities and how it helps the vulnerable across the state.

**Your Gift = Improving a Life**

Thank you.

## **Contributions**

To find out more about ways to give or how you can help, please contact the Development Office at **(603) 669-3030** or visit us on-line at **[www.nh-cc.org](http://www.nh-cc.org)**

“For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in.”

—Matthew 25:35

## Creating Hope



## Immigration and Refugee Services

*In the spirit of collaboration and service, New Hampshire Catholic Charities and Concord area agencies met to establish a community garden for low-income and transportation challenged families in the Concord area. In just four meetings, the Sycamore Field Community Garden was underway.*

*Within a month's time, over 50 of the 54 plots available this season have been assigned. Gardening and nutrition classes have been scheduled for program participants and master gardeners have volunteered their time for hands-on lessons in the garden.*

*People are excited to garden, raise their own quality food, and participate in a familiar activity. In the case of Bhutanese and African gardeners, it is one aspect of their former lives that they can continue here in their new homeland.*

*In addition to fresh food and fostering a sense of independence, the goal of this project is to encourage cross-cultural exchange, with individuals from many different parts of the world working side by side in the garden, learning a common language and sharing common experiences.*

June 2009

S	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

# July 2009

August 2009

S	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4  Independence Day
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

In this past year, **683** immigrants and refugees were assisted in their pursuit of citizenship through our program.



*“God has not called us to see through each other, but to see each other through.”*

*–Unknown*

# Providing Help



## Healthcare and Rehabilitation Services

*“Resident Centered Care” is the new model being utilized at New Hampshire Catholic Charities’ eight Nursing and Rehabilitation Centers. At St. Teresa Nursing and Rehabilitation Center, they are using the Nintendo Wii game system to facilitate patient participation and motivation in physical therapy. The goal is to establish and restore patient abilities so that they can return to performing life’s daily tasks. The Nintendo Wii provides many of the traditional therapeutic benefits while engaging the patient and providing a fun distraction from otherwise challenging tasks. One patient in particular was*

*able to increase her standing tolerance and arm strength for improved stability with a walker, which has allowed her to participate more in her self-care. She is now retrieving clothes from the closet, standing longer at the sink for self-care tasks, and feeling more confident. “There is more work to be done,” she says! The various Wii games are also used with residents to address cognitive skills (attention, memory, problem solving), as well as activity tolerance for those who need to increase their overall endurance after a hospital stay or illness.*

July 2009

S	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

# August 2009

September 2009

S	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15 Assumption of the Blessed Virgin Mary
16	17	18	19	20	21	22
23 30	24 31	25	26	27	28	29

In 2008, Catholic Charities was honored to assist **1,582** people through our rehabilitation and nursing centers.



“I know the plans I have for you,” declares the Lord, “plans to prosper you and not harm you, plans to give you hope and a future.”

–Jeremiah 29:11

## Creating Hope



## St. Charles Children's Home

When Jenny, at age 11, came to St. Charles Children's Home she weighed over 300 pounds. Years of bouncing from home to home had left her feeling depressed and unwanted, so she turned to food for comfort. The Sisters put her on a healthy eating plan in conjunction with an exercise plan. Initially, Jenny resisted her new home and her new routine. The Sisters stressed health, not diet, while they reinforced that she was loved for who she is. Soon, Jenny found herself slowly losing weight and gaining confidence. She even took part in the St. Charles Children's Home 5k. However, her proudest moment came at Christmas time. The children were being treated to a special dinner and were

asked to dress in their Sunday best, but instead of going straight to the dining room, the other kids gathered around the stairs as Jenny made her grand entrance. She had lost over a hundred pounds and for the first time in her life was able to fit into a dress of her choosing; the glow of pride that came from her left everyone in awe. The change was simply amazing. Jenny's progress continued and a couple of months later, her ultimate wish came true – she was being adopted. Jenny credits the Sisters for giving her the tools to change her life, and while she now has a family and a new home, St. Charles will always hold a special place in her heart.

August 2009

S	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

October 2009

S	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

# September 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 Labor Day <b>St. Charles Children's Home Annual 5K Road Race</b>	8 The Nativity of the Blessed Virgin Mary Feast	9	10	11 Patriot Day	12
13 Grandparent's Day	14	15	16	17	18	19 Rosh Hashanah
20	21	22 Autumn Begins	23	24	25	26
27	28 Yom Kippur	29	30			

**30** Children walked the halls of St. Charles Children's Home in 2008.



# Providing Help

“If there is a poor man among you, one of your brothers, in any of the towns in the land which the Lord your God is giving you, you shall not harden your heart, nor close your hand to your poor brother; but you shall freely open your hand to him, and generously lend him sufficient for his need in whatever he lacks.”

—Deut. 15:7



## Parish and Community Outreach

*Previously a donor to the food pantry, Greg now needed our help. Greg lost his job in January and his wife lost her job in February. Once a prosperous family, they were unprepared for this drastic turn of events. Greg couldn't help but wonder what to do next.*

*Our district office provided him with some basic necessities: toilet paper, soap, toothpaste, and deodorant. Some free passes to the Children's Museum were provided so that Greg and his wife could enjoy a day out with their young child. In addition, one of the local pastors donated a gift card to a local supermarket.*

*Easing another burden, his young child would now receive food for the weekend through our NH Food Bank's backpack program.*

*Greg is one of the "new poor." They never dreamt they would be in this situation. We at Catholic Charities are here to walk with them through a very scary time. Greg called to say thank you: "I believe nothing is coincidence. God allowed us to meet each other because God knew you could help me. Thank you. Thank you."*

September 2009

S	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

November 2009

S	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

# October 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12 Columbus Day	13	14	15	16 National Boss Day	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31 Halloween

**21,747** people were assisted through  
our Parish and Community Outreach Program in 2008.



*“He who is generous will be blessed,  
for he gives some of his food to the poor.”*

—Prov. 22:9

# Creating Hope



Photograph by Dachowski Photography

## New Hampshire Food Bank

*Mark first learned of Catholic Charities through the homeless shelter he was staying in. In his first meeting with the district office intake coordinator, Mark explained how he had come to be living in a shelter. Due to his troubles with the law and substance abuse problems, his family had no choice but to wipe their hands clean of him. Feeling he could never amount to anything, Mark hit rock bottom and found himself in his current predicament – homeless, jobless, and alone. The coordinator saw Mark as the perfect candidate for Recipe for Success, giving him the opportunity to join a group of students*

*from similar circumstances to learn cooking skills. For eight weeks, he learned proper knife skills, how to prepare foods and cater events. More importantly, Mark learned to believe in himself and gained the confidence he needed to attain employment. For the first time in a long time, Mark felt empowered to change his life and instead of feeling helpless, Mark felt hope. Shortly after Mark graduated from the program, he got a job in a food service kitchen of a University and has since moved into his own apartment.*

October 2009						
S	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

# November 2009

December 2009						
S	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 All Saints' Day	2 All Souls' Day Daylight Savings Time Ends	3	4	5	6	7
8	9	10	11 Veteran's Day	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26 Thanksgiving Day	27	28
29	30					

Over **52,700** people were assisted through the Food Bank and its programs.



# Providing Help

“Love begins at home, and it is not how much we do, but how much love we put into what we do.”

–Mother Teresa



## Our Place

On November 5, 2008, Our Place proudly opened its new location in Nashua. Our Place empowers pregnant and parenting teens and young adults who are expecting their first child. The program focuses on the health and well-being of each mother, father, and child. Nurses and parenting specialists offer support, assistance, prenatal and childbirth education, parenting education and referrals to community resources for young parents.

Sarah was referred to Our Place through a local hospital and was due to have her baby in a few days. Her husband had recently passed away from a sudden illness and they had not had any childbirth preparation classes. She needed

help with parenting skills. Due to a lack of transportation, Sarah's social worker and nurse made extended visits to her home to give her a crash course in childbirth which prepared her for delivery. Within three days, she delivered a healthy baby girl and Our Place's nurse and social worker continued home visits to provide continued education and support. Mother and baby are now doing fine and living with relatives.

Preparing for parenthood can be a frightening time as first time parents struggle with the intensity of the responsibility – Our Place is there to help.

November 2009						
S	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

# December 2009

January 2009						
S	M	Tu	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 AIDS Awareness Day	2	3	4	5
6	7 Pearl Harbor Day	8 Immaculate Conception	9	10 Human Rights Day	11	12
13	14	15	16	17	18	19
20	21 Winter Begins	22	23	24 Christmas Eve	25 Christmas Day	26
27 Feast of the Holy Family	28	29	30	31 New Year's Eve		

**157** young parents were educated and mentored through Catholic Charities' Our Place Program in 2008.



*"A smile is the beginning of love."*

*—Mother Teresa*

# Creating Hope



## Adoption Services

*"Our experience throughout our entire adoption process was a very positive one. We would not have our little angel Samantha if it were not for the help of Catholic Charities. [The social worker] personally spent an hour on the phone with me explaining in detail how the process works. I was so happy that I found*

*someone who would listen to me and really cared. For those of you considering an adoption, have faith. There are special people in this world who can help make your dreams a reality." ~ Letter from adoptive parents, 2008*

December 2009						
S	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February 2010						
S	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

# January 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 New Year's Day Solemnity of Mary, Mother of God	2
3	4	5	6 Epiphany	7	8	9
10	11	12	13	14	15	16
17	18 Martin Luther King Jr. Day	19	20	21	22	23
24 31	25	26	27	28	29	30

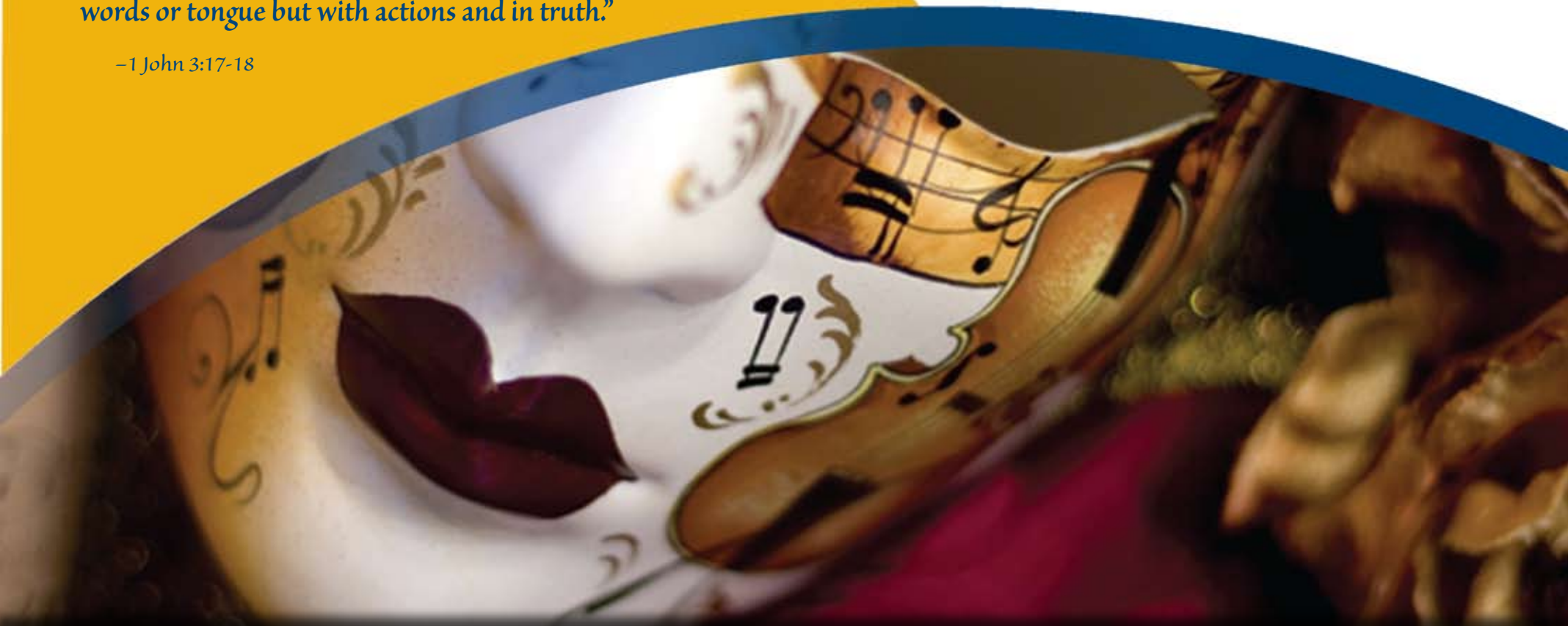
**107** people were served by Catholic Charities' Adoption Services Program in 2008.



“If anyone has material possessions and sees his brother in need but has no pity on him, how can the love of God be in him? Dear children, let us not love with words or tongue but with actions and in truth.”

–1 John 3:17-18

# Providing Help



## Mardi Gras Benefit

*Alan was recently diagnosed with terminal cancer and can no longer work. While his wife does work, she has had to cut down her hours to help care for her husband and take him to and from medical appointments. Bills were piling up. Their heating bill had fallen by the wayside and letters were being sent. Through our Emergency Assistance Fund, Catholic Charities was able to pay \$250 to the heating company on the couples' behalf.*

*Every year, our Mardi Gras Benefit is held to raise funds for those requiring Emergency Assistance. During these tough times, there are people who are having difficulties making ends meet. There are many people like Alan in our community who are helped through the generosity of those who attend New Hampshire Catholic Charities' Mardi Gras.*

January 2010						
S	M	Tu	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

# February 2010

March 2010						
S	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Groundhog Day	3	4	5	6 NH Catholic Charities' Mardi Gras Celebration
7	8	9	10	11	12 Lincoln's Birthday	13
14 Valentine's Day	15 President's Day	16 Mardi Gras	17 Ash Wednesday	18	19	20
21	22 Washington's Birthday	23	24	25	26	27
28						

Our 2009 Mardi Gras Benefit raised over **\$70,000**  
to support the Emergency Assistance Fund.



*“Let us be very sincere in our dealings with each other and have the courage to accept each other as we are.”*

*—Mother Teresa*

# Creating Hope



## Services to Persons with Disabilities

*"Dear Catholic Charities,*

*Thank you for sending the money for my respite provider. Her name is Patricia. She's so nice. She took me to her house for the first time yesterday.*

*She is teaching me how to knit and she gave me my own knitting bag with needles and yarn. I don't go out of my house very much. I can go out to her house once a week because you are helping to pay for part of Patricia's respite money.*

*You are so nice. I will pray for you all. Please pray for me too. And for my vocation. I want to be a nun. And I have Down's Syndrome and I have not found a monastery yet to go.*

*God bless you all. Have a nice Thanksgiving and Christmas. And I am doing hymn singing to pray." ~ Letter from client, 2008*

February 2010						
S	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

# March 2010

April 2010						
S	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 Daylight Savings Time Begins	15	16	17 St. Patrick's Day	18	19	20 Spring Begins
21	22	23	24	25 Feast of the Annunciation	26	27
28 Palm Sunday	29	30 Passover	31			

In 2008, **267** lives were touched in our services to the disabled.



# Providing Help

“The biggest disease today is not leprosy or tuberculosis, but rather the feeling of being unwanted, uncared for, and deserted by everybody. The greatest evil is the lack of love and charity, the terrible indifference toward one’s neighbor.”

–Mother Teresa



## Counseling Services

*Sarah had met Joe when she was 30 years old. In her words, she had finally met her knight in shining armor, her best friend ... her soul mate. Sarah never thought that after 15 years - her world would come to a complete stop. The death of her husband, in a sudden, tragic accident, had shaken her to the core leaving her feeling depressed.... angry.... lost and ultimately, very, very alone. Her life crumbled around her. Even with the support of friends and family, Sarah found the grieving process difficult and unbearable and finally she turned to her local pastor for help. She was given a list of local agencies*

*that provided counseling – and on that list she saw Catholic Charities. She knew - in an instant - it was a sign. After a particularly rough day, Sarah called and made an appointment with one of our counselors. Through their sessions, Sarah has begun to accept the feelings she has as part of the grieving process. There are still days when Sarah feels angry, depressed and alone but she knows with the support of her friends, family and Catholic Charities she has people she can turn to during those times of need.*

March 2010						
S	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

# April 2010

May 2010						
S	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Holy Thursday	2 Good Friday	3 Holy Saturday
4 Easter Sunday	5 Easter Monday	6	7	8	9	10
11	12	13	14	15 Tax Day	16	17
18	19	20	21 Administrative Professional's Day	22 Earth Day	23	24 NH Catholic Charities Parish Appeal Weekend
25 NH Catholic Charities Parish Appeal Weekend	26	27	28	29	30	

In a year, **1,195** individuals sought out Catholic Charities to provide counseling services.



“Never doubt that a small group of thoughtful committed citizens can change the world. Indeed, it is the only thing that ever has.”

—Margaret Mead

# Creating Hope



## **VAWA (Violence Against Women Act)**

New Hampshire Catholic Charities' Immigration and Refugee services received a grant to provide legal assistance to battered women.

*"I am working with a woman from the Dominican Republic. She has three little kids and they were all being severely abused by her United States citizen husband. He had them living in an unheated basement and would take off for days at a time leaving them without food. He beat her to unconsciousness while she held her six month old baby and threatened to have her deported if she reported him to the police. She was referred to me by one of the crisis centers.*

*When I met with her she was severely depressed and afraid. I reassured her that she could trust me and we started to work on her case. I filed a petition under the Violence Against Women Act (VAWA). She now has left her abusive husband and is living on her own. She has employment authorization and is receiving assistance. She is truly grateful for all the help we provided in her time of need."*

April 2010						
S	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

# May 2010

June 2010						
S	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1  NH Catholic Charities Parish Appeal Weekend
2  NH Catholic Charities Parish Appeal Weekend	3	4	5  Cinco de Mayo	6  National Day of Prayer	7	8
9  Mother's Day	10	11	12	13  Ascension of Our Lord	14	15  Armed Forces Day
16	17	18	19	20	21	22
23 Pentecost  Trinity Sunday 30	24  Memorial Day 31	25	26	27	28	29

Though the grant just came through in December of 2008, **70** individuals have already been aided through the VAWA program.



“The bread which you do not use is the bread of the hungry; the garment hanging in your wardrobe is the garment of him who is naked; the shoes that you do not wear are the shoes of the one who is barefoot; the money that you keep locked away is the money of the poor; the acts of charity that you do not perform are so many injustices that you commit.”

—Saint Basil

## Providing Help Creating Hope Through the Power of You



# New Hampshire Catholic Charities

*As the largest, private, non-profit social service agency in the state, New Hampshire Catholic Charities fulfills its mission by responding to those in need with programs that heal, comfort, and empower. Founded in 1945, New Hampshire Catholic Charities programs meet emerging needs. Last year, almost 80,000 individuals were assisted through our programs. Our ten district offices each provide unique services that support the needs of their region: working*

*with the homeless, providing support groups for the recently unemployed, providing in-home friendly check-ins for elders, and advocating services for anyone who comes to the door. Key to our work is our commitment to help anyone in need and to assist each of our neighbors with dignity and respect.*

May 2010						
S	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

# June 2010

July 2010						
S	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Corpus Christi	4	5
6	7	8	9	10	11 Solemnity of the Sacred Heart	12
13	14 Flag Day	15	16	17	18	19
20 Father's Day	21 Summer Begins	22	23	24	25	26
27	28	29	30			

In a year, NHCC has been able to come to the aid of almost **80,000** people because of **your** generosity.





## New Hampshire Catholic Charities

### Main Office

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#### DISTRICT OFFICES

##### Berlin District Office

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Berlin, NH 03570-0182  
(603) 752-1325

##### Littleton District Office

41 Cottage Street, PO Box 323  
Littleton, NH 03561-0323  
(603) 444-7727

##### Laconia District Office

17 Gilford Avenue  
Laconia, NH 03246-2827  
(603) 528-3035

##### Lebanon District Office

24 Hanover Street, #8  
Lebanon, NH 03766-1334  
(603) 448-5151

##### Rochester District Office

23 Grant Street  
Rochester, NH 03867-3001  
(603) 332-7701

##### Concord District Office

176 Loudon Road  
Concord, NH 03301-6028  
(603) 228-1108

##### Salem District Office

45 Stiles Road  
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(603) 893-1971

##### Manchester District Office

325 Franklin Street  
Manchester, NH 03101-1999  
(603) 624-4717

##### Nashua District Office

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